“Torneo Europeo di Kata / EJU Kata Tournament”
Pordenone, 12-14 febbraio 2027

RULES
Eju adapted rules
EJU Adapted Judo Kata Rules
1. Competition Groups
1. Category 1A: Tori is A-Judoka*, Uke is A-Judoka
2. Category 1B - Tachi-shisei: Tori is A-Judoka, Uke is mainstream judoka**
The kata is performed predominantly from a standing position, with necessary adaptations to accommodate the athlete’s disability (e.g. athletes with Down syndrome, limb deficiencies or similar impairments).
3. Category 1B - Ne-shisei: Tori is A-Judoka, Uke is mainstream judoka**
The kata is performed predominantly from a seated or kneeling position due to the athlete’s functional limitations (e.g. wheelchair users, athletes with cerebral palsy or similar conditions).
* A-judoka means a judoka with a disability who must adapt the judo technique
** The mainstream judoka is a judoka without disabilities
2. Kata
Official Kodokan competition Kata
• Nage-no-Kata (first three series)
• Adapted Nage-no-Kata (first three series)
• Katame-no-Kata
• Ju-no-Kata
• Kime-no-Kata
• Kodokan-Goshin-Jutsu
Definition of Adapted Nage-no-Kata
Adapted Nage-no-Kata refers to a performance of Nage-no-Kata in which one or more techniques are modified to accommodate the functional abilities of a judoka with a disability.
Any deviation from the standard Kodokan Nage-no-Kata, including adjustments to technique execution, posture, movement, or gripping, constitutes Adapted Nage-no-Kata.
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Such adaptations must ensure safety while preserving the fundamental principles and structure of the kata.
Adapted Nage-no-Kata may be performed in either Tachi-shisei or Ne-shisei, depending on the functional abilities of the participating athlete.
Additional Kata
• Itsutsu-no-Kata
• Itsutsu-no-Kata wheelchair
• Koshiki-no-Kata
Special ENBU Kata
• A Kata defined especially for the type of disability of the judoka. The judges need to know what they are about to see and judge. Therefore, a description of the shown Kata must have been provided to them before.
3. Scoring
Positive 10-point scoring system. The total points accumulated is the final result.
o Excellent 10
o Good 8
o Medium 6
o Almost 4
o Not so good 2

o Forgotten 1
ENBU Kata – scoring
• **ENBU evaluation:**
ENBU
TECHNICAL CHOREOGRAPHY JUDO SPIRIT
Efficiency Variety of techniques Originality
Accuracy Choreography Tradition
Difficulty Spirit
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4. Rules for Participation in the European Kata
Championships
The following Kata are the official Kata for participation in the European Championships:
1. Nage-no-Kata (first three sets)
2. Adapted Nage-no-Kata (first three sets)
3. Katame-no-Kata
Categories:
1. Nage-no-Kata 1A
2. Nage-no-Kata 1B
3. Adapted Nage-no-Kata 1A
4. Adapted Nage-no-Kata 1B Tachi-shisei
5. Adapted Nage-no-Kata 1B Ne-shisei
6. Katame-no-Kata 1A
7. Katame-no-Kata 1B
Entrants must:
• turn at least 15 years old in the year of the European Championship
• hold a minimum rank of 2nd Kyu
Pairs may consist of two males, two females, or one male and one female.
Participants can only compete in one of the Kata.
The couples will perform on the mat only once, as they will compete in the direct final.
Prosthesis are not allowed on the mat. Only minor assistance for the athlete can be accepted (e.g. getting on and off the mat by a partner, coach or Kata commissioner and this must be clearly described in the written request).
The couple with the most points wins a gold medal, the second place winner a silver medal, and the third place winner a bronze medal.
Registration via Judobase is not required, registration of the National Federation is sufficient.
An IJF-approved judogi is not mandatory. Back number with the surname and country code is mandatory at the European Championships.
Demonstration of Kata
The following Kata are recognized for demonstration:
1. Kime-no-Kata
2. Kodokan-goshin-jutsu
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3. Ju-no-kata
Entrants must:
• turn at least 13 years old in the year of the European Championship
• hold a minimum rank of 2nd Kyu
The team can be composed of men and/or women.
Couples perform their chosen Kata once during the competition. Participants receive certificates of participation